

Date Received: _____

PERSONAL DETAILS:

Name	Home Nmb	
Date of birth	Mob Nmb	
Age	Occupation	

TRAVEL DETAILS:

Destination					
Date of travel					
Journey Purpose					
Travelling with?	Alone	Family	□ Friends	Colleague	

Please indicate type of trip:

Package	Backpacking		Expedition/Adventure	Aid Worker	Cruise	
Pilgrimage	Camping		Visiting Friends & Family	Charity	Cycling	
Self-catering	Diving		Climbing/Mountaineering	Marathon		
Other:		•				

Will you be in transit in any country before reaching your destination for 12 hours or more? Yes
No

Country	Arrival Date	Accommodation Style	Length of Stay

MEDICAL HISTORY:

Do you have any of the following?	Yes	No
Any history of respiratory illness? E.g. Asthma/COPD		
Any history of heart disease or high blood pressure?		
Any history of diabetes or epilepsy?		
Any history of gastro-intestinal illness, liver or kidney disease?		
Any history of chemotherapy, radiotherapy or steroid treatment?		
Any history of immunosuppression e.g. thymus disorder or HIV/AIDS?		
Any history of mental health (psychiatric) illness e.g. depression?		
Are you breastfeeding, pregnant or planning a pregnancy?		
Do you have any allergies? If yes, please list		
Are you taking any medication? Prescribed or other? If yes, please list		
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Are you taking any medication? Prescribed or other? If yes, please list		
Do you have any significant medical history not mentioned above? If yes, please state		

Signature of patient	Date	
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Date Received: _____

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TRAVEL DETAILS:

Destination					
Date of travel					
Journey Purpose					
Travelling with?	Alone	Family	□ Friends	Colleague	

Please indicate type of trip:

Package	Backpacking		Expedition/Adventure	Aid Worker	Cruise	
Pilgrimage	Camping		Visiting Friends & Family	Charity	Cycling	
Self-catering	Diving		Climbing/Mountaineering	Marathon		
Other:		•				

Will you be in transit in any country before reaching your destination for 12 hours or more? Yes
No

Country	Arrival Date	Accommodation Style	Length of Stay

MEDICAL HISTORY:

Do you have any of the following?	Yes	No
Any history of respiratory illness? E.g. Asthma/COPD		
Any history of heart disease or high blood pressure?		
Any history of diabetes or epilepsy?		
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Package	Backpacking		Expedition/Adventure	Aid		Cruise	
				Worker			
Pilgrimage	Camping		Visiting Friends & Family	Charity		Cycling	
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Pilgrimage	Camping		Visiting Friends & Family	Charity		Cycling	
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